



PHYSICAL EDUCATION POLICY

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| Ownership | Headteacher |
| Created | November 2018 |
| Approved by Governors | 28/11/18 |
| Updated (if apt) | |
| To be reviewed | November 2021 |

1. Rationale

At Stower Provost Primary School, we are passionate about giving our pupils opportunities to succeed and excel in a range of physical activities. We want our pupils to feel confident and secure about their bodies and become physically active. We believe that we provide our pupils with a safe and positive environment which enables them to be inspired to enjoy physical activity.

2. Aims of P.E.

Through PE, all pupils should:

- develop competence to excel in a broad range of physical activities
- be physically active for sustained periods of time
- be engaged in competitive sports and activities
- understand values such as fairness and respect
- be encouraged to lead healthy, active lives

(Taken from The National Curriculum - DFE; 2013)

Stower Provost Primary School also aims:

- To encourage pupils to work and play independently and with others in a range of situations.
- To develop their knowledge and understanding of health related fitness and what is meant by a healthy lifestyle.
- To develop a range of desirable, personal and social qualities such as sportsmanship, communication and how to be a good team member.

3. Role of the P.E Coordinator

To undertake the self-review of P.E. and physical activity so that strengths and weaknesses can be identified and addressed. This will be done by the following:

- The provision of an annual action plan for P.E. and contribute, where applicable, to the School improvement Plan.
- Consulting with senior management, governors and the Headteacher, regarding developments in P.E.
- Identifying spending priorities for the Sport Premium.
- Supporting colleagues in the implementation of the schemes of work for P.E.
- Monitoring and evaluating planning.
- Monitoring, evaluating and supporting lesson delivery and assessment for learning.
- Identifying professional development needs of staff.
- Developing community links and partnerships with other schools.
- Organising opportunities for pupils to participate in competitive sport.

- Continuing sports clubs and activities to provide all year groups with opportunities.

4. Curriculum

At Stower Provost Primary School, all classes have 2 hours of PE lessons per week. This is made up of 1 hour of indoor PE and 1 hour of outdoor PE. All PE lessons follow the National Curriculum and are planned so that they build upon the prior learning of the pupils and ensure sustained physical activity. Throughout PE lessons, pupils are encouraged to reflect on what they are doing well and identify areas for improvement so that they develop analytical skills.

Throughout the year competitions are organised for KS2 pupils against other local schools to coincide with their learning.

Each year, we hold an annual Sports Day. This event is for all pupils in the school to practise the skills that they have developed by competing both individually and as a member of a team.

5. Inclusion and Equal Opportunities.

The school's SEND policy sets clear guidelines to ensure that we follow the principles published in the Dorset Local Authority SEND curriculum Policy. In P.E. lessons, teachers will differentiate as appropriate according to the STEP principles, which are as follows;

- Space
- Task
- Equipment
- People/ Pace

Every lesson is adjusted and differentiated according to the needs of the pupils. We teach P.E. to all pupils, regardless of ability, gender or ethnic origin. All pupils have access to an equal range of activities and follow the National curriculum through an appropriate scheme of work. All pupils have access to 2 hours P.E., which is in line with current government targets.

6. Out of school curriculum hours learning

Playtimes

We want to enthuse our pupils to be active at playtimes by enjoying playing with others. The values of teamwork, cooperation and fairness are emphasised by the adults supervising the playground. At playtimes and lunchtimes, children can choose to use the equipment available. Playground buddies are also used to support younger children with their play and use of the equipment.

All pupils are encouraged to participate in activities such as:

- Hoola hoops
- Skipping ropes
- Throwing and catching
- Netball and football

School clubs

We want to inspire our pupils to lead active lifestyles and further develop skills learnt through PE lessons. We therefore encourage pupils to participate in at least one sports club during the year. A range of clubs is available at various times of the year.

Where clubs are run by outside companies, parents pay the cost for the club. We use our Primary School Sports Funding to fund the cost of participating in sports clubs for Pupil Premium pupils. We are also using the sports funding to subsidise the cost of some clubs.

7. Health and Safety

General Health and Safety guidelines will be found in Stower Provost Primary School H & S Policy.

It is the responsibility of the teacher to ensure the activity area is safe. Risk Assessments have been completed for areas around school and are kept in a central file.

School P.E. kit is a blue t-shirt, black shorts and plimsolls. They will also need jogging bottoms and a jumper for colder months.

Activities where children need to 'feel' the equipment such as gymnastics and dance should take place in bare feet. In no circumstances should some children be in bare feet and others with footwear.

Children should wear clothing appropriate for the weather and activity e.g. a sun hat or warm jumpers.

Long hair should be tied back and pupils should remove all jewellery.

Tape should not be used for earrings. The only exception to jewellery is if a pupil is required to wear medical jewellery or religious artefacts. Where possible to be covered by sweatbands or clothing. If earrings are worn and unable to be removed, the pupil will not be able to join in fully but will have a minor role in the lesson. Parents are sent letters reminding them to not pierce ears during school term times.

Pupils will only be able to abstain from a lesson if they have a note from parents to explain why. The field should not be used in very wet or icy conditions. Where possible an activity should be adapted and carried out indoors. Should no practical or classroom space be available, a classroom lesson will take place.

For swimming, children are advised to wear a swimming hat and must wear trunks/full swimming costume.

If a child has a verruca, they must wear a verruca sock to prevent contamination.

Goggles are not required for swimming. Children may wear goggles if parents' consent due to medical reasons.

All equipment receives annual safety checks to ensure that it is safe for use with the children.

Emergency procedure - if a child has an accident during a lesson the child will be taken to the first aid room where they will be seen by a qualified first aider. If the child cannot be moved or go to the first aid room, the office will be contacted. The first aider will then come to the child.

Any necessary medication (ie, inhalers) is kept centrally in the First Aid room.

Equipment for PE and activities are kept in the hall PE cupboard.

Teachers are responsible for removing any broken equipment and reporting it to the first aider.

8. Cross-Curricular Links

We value PE as we believe that it can have a positive impact on all pupils and skills can be transferred across the curriculum to further achievement and improve performance in other subjects. Through PE lessons, pupils are also able to develop previously learnt skills in a real life setting.