

Bristol

Monday 21<sup>st</sup> – Thursday 24<sup>th</sup> October 2019

#### Rationale:

- To give children the experience of life in a bustling, multicultural city
- To visit a range of world-renowned sites and attractions
- To develop skills and understanding of curriculum-linked history, geography, science, PSHE and RE and PE
- To spend time away from family...

#### Monday, 21st October

- Arrive in school 0845 latest, bags in Classroom, medicines/purses signed in
- Journey to Youth Hostel, drop bags, walk to We the Curious, packed lunch (from home)
- Walk to Youth Hostel
- Unpack, settle in, supper
- Walk to Watershed, Packetboat tour of Harbour
- Return to YHA, bed

#### Tuesday 22<sup>nd</sup> October

- Breakfast
- Walk to Activities Centre
- Canoeing, Kayaking and Boarding, packed lunch (from YHA)
- Return to YHA for Supper
- Walk to Hippodrome for The Lion King
- Walk back to YHA, bed

- Wednesday 23<sup>rd</sup> October
- Breakfast
- Walk to SS Great Britain, tour of ship, workshop, visit to museums, packed lunch (YHA) activities tours, the shop...
- Return to YHA for supper
- Evening walk, then back to YHA and bed

#### Thursday 24<sup>th</sup> October

- Breakfast and pack
- Coach to Clifton Suspension Bridge
- Tour and talk
- Lunch (YHA)
- Return to school by 3:15pm



#### Food

Monday – packed lunch from home

- Evening meal sample menu
- Main course
- Lasagne
- Spinach & ricotta cannelloni
- Jacket potato & filling
- Accompaniments
- Salad bar, vegetables and carbohydrate selection
- Dessert
- Treacle sponge and custard
- Fresh fruit salad

- Buffet breakfast
- Hot foods including sausage, bacon and eggs
- Toast with preserves
- Croissants
- Selection of cheese/cold meats
- Yoghurt
- Cereal
- Fruit
- Fruit juice
- Coffee and tea
- Fresh fruit and yoghurt

- Picnic lunch
- Fresh sandwiches
- Fresh fruit
- A packet of crisps
- A bottle of water
- A small cake or biscuit

#### What to wear:

- Non school uniform
- Comfortable clothes Monday Thursday layers, trainers, water-proof coat, sun hat
- T-shirts/fleece, shorts, old trainers or water shoes for Tuesday
- Pyjamas/slippers
- Back-pack, full water bottle

#### What to bring:

- Wash-gear soap/shampoo/toothpaste, flannel, towel, toothbrush, hairbrush – no aerosols!
- Book, torch, teddy, camera (not phone), pocket money (max £10:00) for souvenirs – in named purse, small quantity of sweets, cards/games – not electronic...Smart clothes for the theatre
- Ear plugs/eye mask, travel sickness meds/ inhalers/epipens/sun cream, lunch for Monday

#### What not to bring:

- Phone
- Electronic games
- Anything valuable inc earrings/watches etc
- Aerosols